



## Departmental Recommendation for F-1 Optional Practical Training (OPT)

To apply for Optional Practical Training, you must: 1) obtain a recommendation from the school, and 2) submit an application to USCIS for authorization. This form collects the information ISO requires to process a DSO recommendation for OPT in SEVIS and issue a new I-20 listing the OPT recommendation on page 2. Upon completion, this form must be submitted to ISO via URcompass: <https://urcompass.ur.rochester.edu/>. Please allow one week for processing; the new I-20 with OPT recommendation will be distributed by email. Additional information on the application process is available online: <https://iso.rochester.edu/employment/students/opt/apply.html>.

By checking this box, I confirm the following: 1) I have attended ISO's Work After Graduation workshop or reviewed the **recorded workshop**. 2) I understand I must file my OPT application with USCIS within 30 days of receiving a DSO recommendation for OPT in SEVIS, as documented on page 2 of the OPT I-20. 3) I understand I must comply with **required reporting** during OPT.

### Student Information:

University ID#: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Primary Major: \_\_\_\_\_ Secondary Major: \_\_\_\_\_

### Requested OPT:

#### Pre-completion:

- During the academic year, while fully enrolled – part time only (20 hrs/week)
- During an annual vacation term – part or full time

#### Post-completion:

- After completion of all degree requirements excluding thesis – full time
- After completion of all degree requirements – full time

OPT Period: Start Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ End Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Date Selection:** Post-completion OPT may begin immediately or up to **60 days** after the expected completion date listed below. Reporting requirements and 90-day unemployment limit are in effect once the OPT authorization starts. These dates are impossible to change after USCIS approval. Please be certain about your decision when submitting this form to ISO!

### Recommendation of Academic Advisor:

Has this student maintained continuous full-time enrollment?  Yes  No

If No, please explain: \_\_\_\_\_

**Expected Date of Completion:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Please determine this date carefully:** The I-20 completion date should reflect the *estimated* completion of all remaining degree requirements by the student, which does not necessarily coincide with graduation or finalization of UR administrative processing. For programs which require a thesis, this date may be earlier than the student's official degree completion, provided he or she satisfies all requirements within the scheduled OPT period. The completion date on the I-20 also indicates the end of on-campus work permission for student employment or payments through a graduate award. Students who are unable to finish all non-thesis degree requirements by the reported date are limited in using their OPT authorization and could lose their work permission entirely.

Advisor's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Certification from Dean's Office:

\_\_\_\_\_  
Grad/Undergrad Dean's Signature

\_\_\_\_\_  
Name (print)

\_\_\_\_\_  
Date